

December 2<sup>nd</sup> 2020

## About the Restarting of Practice at the Aikido Hombu Dojo

The Aikido Hombu Dojo was closed for practices on Monday November 30<sup>th</sup>. As written below, Hombu Dojo will reopen for practice on Thursday December 3<sup>rd</sup>.

To restart practice, thorough disinfection work was carried out. The Shinjuku Ward Public Health Center confirmed that the measures taken to prevent the spread of infection at Hombu Dojo are appropriate, and that there are no issues in resuming training.

We will continue to take measures to prevent the spread of infection, putting the health and safety of our membership first.

Thank you for your understanding and cooperation.

### **Hombu Dojo Restarting of Practice: December 3<sup>rd</sup>, 2020 (Thursday) \*No Schedule Changes**

#### Measures

- All staff must take temperatures, disinfect hands, and wear masks.
- Constant ventilation within Hombu Dojo.
- Regular disinfection of the locker rooms and other facilities.

#### Upon Entering the Dojo

- Thoroughly disinfect hands with the provided hand sanitizer upon entering the dojo.
- Please wear a mask at all times while inside Hombu Dojo. Persons not wearing masks will not be allowed entrance.
- Take temperature upon entering the dojo.

In accordance with the situation, the above measures may change without warning. When there are changes they will be posted on the Aikikai website, so please check it regularly.